



Online Safety Week

6th – 11th February 2023

Online Safety at Cornerstone

Online Safety Day is supported nationally on Tuesday 7th February, coordinated by the UK Safer Internet Centre. This year's theme for the week is 'Want to talk about it?' which aims to encourage people of all ages to be more open in their communication around online life with the hope of an increased understanding of both the positives and negatives that are present in online activities.

Students are encouraged to talk about their use of the internet.

We will focus on themes such as gaming, youtube and social media, supporting students with being aware of risks and how to report concerns. The following slides are a themes with questions aimed at supporting more open conversations about online life with young people and some links you may find useful.

Gaming

Conversation starters

- What do you enjoy about online gaming? What benefits does it have for you?
- Do you think online gaming can ever have a negative impact on us?
- What happens when you've been playing online games for too long? What happens to your body, to your mood, and to your device?
- What would you do if something ever worried or annoyed you within a game? How would you support others?
- Who could you talk to if you were worried about anything within an online game?

Grooming

Conversation starters

- What is the difference between people we only know online and people we know offline as well?
- How do we know that we can trust someone?
- Not all messages from someone new online are worrying, but how do you know which ones might be?
- Do you know where the report and block buttons are on different apps?
- Who can you come to for help if something worries or upsets you online?
(include home, school and helplines)

Reliability of information

Conversation starters

- What do you enjoy looking at and learning about online?
- Where do you go to find information and what do you use it for?
- How do you decide if you can trust something online?
- What would you do if you saw someone sharing something fake or inaccurate?
- Who can help you if you see something that you're not sure about?

Digital Wellbeing

Conversation starters

- What do you like to use technology for? How does it help you?
- What things make you happy when you use technology?
- What things worry you/ make you unhappy/angry/sad when using technology?
- What would you do if something online upset you? What advice would you give to someone else in this situation?
- How do you think your use of technology impacts your wellbeing? Good or bad?

Reporting Concerns Online

- [Reporting Tool for Parents, Carers, Pupils](#)
- [Reporting to The Police](#)
- [Reporting Online Sexual Abuse](#)
- [Getting to Grips with Apps Children Use](#)
- [Childline Link](#)
- [Reporting on TikTok](#)
- [Reporting on WhatsApp](#)
- [Reporting on Instagram](#)